

Disasters Happen

Are You Ready?

Floods



- Learn all your emergency evacuation routes.
- Carry disaster kits.
- Notify everyone and leave a note, or (out-of-area contact card).
- Listen to your radio and stay informed.
- Purchase flood insurance.



Landslides

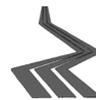


- Plant ground cover on slopes to stabilize; build retaining walls.
- Purchase flood/landslide insurance.
- Learn to recognize landslide warning signs.
- During a landslide:
 - if inside: stay inside and take cover under sturdy furniture.
 - if outside: run to highest ground or to the nearest shelter.

Wildland Fires



- Know all your evacuation routes.
- Carry disaster kits and include important documents.
- Notify everyone and leave a note, or (out-of-area contact card).
- Listen to your radio and stay informed.
- Register to receive alert notifications from your emergency management office.



Hot Weather



- Stay indoors, as much as possible.
- Drink plenty of fluids; keep a few bottles of water in your freezer.
- Eat more frequently, light & well-balanced meals.
- Never leave a person/pet inside a closed, parked vehicle.
- Check frequently on elderly, ill, or those who may need extra help.



Windstorms



- Stay away from windows and falling objects.
- If you are outside, go indoors.
- Stay away from downed power lines.
- Do not heat or cook with grills or hibachi's inside your home or an enclosed area.
- Use generators correctly.



Power Outages



- Purchase flashlights, lanterns, wind up radio, and batteries.
- Never burn charcoal or use a generator indoors.
- Keep refrigerator/freezer doors closed.
- Eat refrigerator foods first, freezer foods next, and canned/boxed goods last.



Chemical Hazards



- Familiarize yourself with chemical hazards located at your work and home.
- Separate all chemicals so they cannot fall, break, and mix; secure heavy objects on lower shelves.
- Store flammables away from heat sources.
- If a spill happens, call 9-1-1, seal the room, and stay out.

Carbon Monoxide (CO)



- A poisonous gas that cannot be seen or smelled and can kill a person in minutes.
- Signs: headache, weakness, dizziness, confusion, fatigue, and nausea.
- Use generators outdoors, away from windows/doors; ensure CO detectors are installed in your home and other buildings.
- Never cook inside or try to heat your home with a gas or charcoal grill/hibachi.

Earthquakes



- If you are inside: Drop, Cover, & Hold On - protect your head and neck.
- If you are driving: stop and stay inside the vehicle until the shaking stops.
- Avoid
 - bridges
 - buildings
 - tall trees
 - light poles



Tsunamis



- At the beach:
- If the earth shakes...drop, cover, and hold on, then...run to high ground.
 - If you hear a siren...run to high ground.
 - If the ocean quickly recedes from the shoreline...run to high ground.
 - Know your evacuation routes; look for the signs.



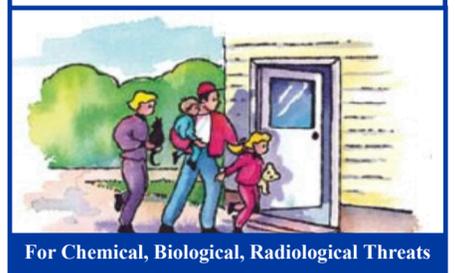
Volcanoes/Lahars



- Listen to the radio for instructions.
- If you hear a siren...move to high ground.
- Know your evacuation routes; follow the evacuation signs.
- Do not approach the eruption area.
- Close all windows and air vents if volcanic ash is falling and don't use machinery.



Shelter-in-Place



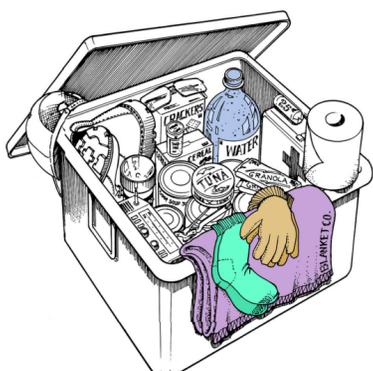
For Chemical, Biological, Radiological Threats

- Listen to the radio for instructions.
- Stay inside; close all windows and doors.
- Turn off ventilation systems (heating/air-conditioning, fireplace dampers, etc.).
- Go into your Safe Room (seal windows, vents, doors, etc.).
- Stay in your Safe Room until told by authorities to come out.



Washington State
Emergency Management Division
www.mil.wa.gov/
emergency-management-division
253-512-7000; 1-800-562-6108
TTY/TTD: 253-512-7298

Personal Disaster Kit



- Food: energy bars/nuts/food with high liquid content
- Portable radio with extra batteries
- Water: 1 gallon per person per day
- Blankets: Mylar /other
- Warm clothes/rain gear/hat/sturdy shoes
- Cell phone/charger/portable battery
- Cash in small bills (cash machines may not work)
- Emergency phone numbers
- Copies of important documents
- First aid kits/special medications
- Toilet paper
- Hand sanitizer/wipes
- Personal/infant hygiene items
- Whistle
- Flashlight/light sticks/extra batteries
- Multi-tool with can opener

Vehicle Safety Kit



- Road flares
- Fire extinguisher
- Flashlight/light sticks
- Extra batteries
- Tools for vehicle
- Jumper cables
- Ice scraper
- Multi-tool
- Leather/latex gloves
- Plastic storage bags
- Map of area
- Waterproof matches
- Tarps for shelter
- Shovel
- Chains/cat litter for traction
- Rope/bungee cords/ratchet strap
- Personal Disaster Kit

